



# BESPOKE CHILDHOOD BEREAVEMENT TRAINING

On average, 1 in every 29 children will be bereaved of a parent or sibling. That's one in every class. Yet many of those working with children and young people receive no bereavement training and are unsure how to offer support. Since the start of the pandemic, children are more aware of death than ever before, and most will be impacted in some way.

Winston's Wish can offer bespoke training to your organisation to help you better support the bereaved children in your care.

We will work with you to arrange training that best suits your needs. Content may include the following topics:

- **The impact of bereavement**
- **Living with terminal illness**
- **What bereaved children need**
- **Developmental variations of grief**
- **What do I say? How do I help?**
- **Understanding feelings and talking about memories**

For more information, please call us on **01242 515157**, email [training@winstonswish.org](mailto:training@winstonswish.org) or visit [winstonswish.org/bespoke-training/](http://winstonswish.org/bespoke-training/)

*"Very thorough and supportive. A very difficult subject excellently delivered. Thank you."*

NHS worker, London

*"This course has given me the confidence to support children who are dealing with bereavement in a much more positive way."*

Secondary school teacher, north-west England

**WINSTON'S  
WISH WW**

Giving hope to grieving children

**Winston's Wish is a national charity supporting children, young people and their families after the death of a parent or sibling.** Winston's Wish offers the widest range of practical support and guidance to bereaved children up to the age of 25, their families and professionals via a Freephone Helpline, online support, a crisis messenger text service, individual and group support, publications and training.

# OUR SERVICES



## WEBSITES

You will find a wealth of information and help on our websites, including support and advice following specific types of death, free training for professionals and further information about our services.

**winstonswish.org** and **help2makesense.org**

## FREEPHONE HELPLINE

Immediate support and advice for parents, carers and professionals, as well as access to our more in-depth, ongoing services.

**08088 020 021**



## EMAIL SUPPORT

Anyone can email us seeking advice or to ask a question on **ask@winstonswish.org** and we will get back to you within 48 hours.

## ONLINE CHAT

Anonymous online one-to-one bereavement support for children, young people, and those who care for them.

## INDIVIDUAL AND GROUP SUPPORT

Our bereavement support practitioners provide bespoke individual and family support, as well as opportunities to connect with other parents and children who have faced similar experiences.

## CRISIS MESSENGER

Free and confidential support in a crisis 24 hours a day.

Text WW to **85258**

## PUBLICATIONS & RESOURCES

A range of specialist publications and other helpful resources for professionals, children and parents are available at **shop.winstonswish.org**

**Helpline: 08088 020 021**  
**winstonswish.org**

